



Photographer: Beau Pilgrim www.beaupilgrim.com

# Fluro Friday

## Community Mental Health Event

### Activities

- Walking
- BBQ
- Information booths
- Beach yoga, Tai chi, Stand up paddle boarding demo

### When

Friday 9 October  
10:00am - 1:00pm

### Where

Mordialloc Life Saving Club  
Beach Road, Mordialloc  
Mel Ref: 92E1  
Google Map Ref:  
<https://goo.gl/maps/MPNwg>

**Come along and join the fun!**

**Wear bright FLURO, make the INVISIBLE - VISIBLE!**



Questions? Contact Cher Twe 8587 0338 or [ctwe@smpcp.org.au](mailto:ctwe@smpcp.org.au)